

MICHAEL A. LANDRUM, D.O., NMM/OMM-C

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PROFESSIONAL OBJECTIVES

Physician (D.O.), with board certification in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMM/OMM); seeks opportunity to work alongside committed colleagues in a clinical practice, residency program, supporting Primary Care and/or in a specialty pain medicine setting. Experienced in mentoring students while applying integrative approaches to family practice issues and common pain conditions, using a combination of standard medical treatment and specialty training, often applying innovative self-developed original techniques.

PROFESSIONAL RECOGNITION

- **“Patients Choice Award”** Kennebunk, ME. Four years in succession: 2008 – 2011
- **Distinguished Alumnus of the Year**; 2006, Western University of Health Sciences COMP
- Named in Seattle Magazine as one of Seattle’s **“Top Doctors”** in both 2003 and 2004, as voted in a poll of 5000 Seattle area healthcare professionals. (Only specialist in Osteopathic Medical treatment, mentioned for both years).
- Selected by Consumers’ Research Council of America as one of **“America’s Top Family Doctors”** for 2004-2006

CAREER EXPERIENCE HIGHLIGHTS

- Originator of Landrum Dualpoint Lymphatic Drainage Technique, clinically studied and applied since 2001
- Over two decades experience, in private practice, specialty clinics, and hospital programs, providing family care physician support as well as applying specialized and advanced treatment modalities for the full range of acute and chronic pain conditions with consistently high success rates and patient satisfaction.
- Administrative experience as Medical Director and Chief Physician as well as administration of solo practice
- Broad experience developing courses/seminars/presentations, and conducting professional/public education

CHRONOLOGICAL PRACTICE EXPERIENCE

Sound Clinic

Denver/Boulder, CO

Physician Specialist

7/2016 – Present

Responsible for organizing and maintaining patient care in my specialty, in an outpatient clinic setting

- Dedicated Neuromusculoskeletal Medicine/Osteopathic Manipulation Specialist
- Responsible for evaluating and treating patients for pain-related issues
- Maintained chart records for each patient
- Consultant on specialized pain cases referred by other clinic providers and specialists in the community
- Administer trigger point injections and local nerve-blocks.

Family Health Care Center

Arvada, CO

Physician Specialist

3/2015 – Present

Responsible for organizing and maintaining patient care in my specialty, in an outpatient clinic setting

- Dedicated Neuromusculoskeletal Medicine/Osteopathic Manipulation Specialist
- Responsible for evaluating and treating patients for pain-related issues
- Maintain chart records for each patient
- Administer trigger point injections and local nerve-blocks.

Vail Integrative Medical Group

Edwards, CO

Medical Director and Physician Specialist

10/2014 – 5/2015

- Conduit for medical decision-making in the context of pain management
- Responsible for seeing patients for pain-related issues
- Consultant on specialized pain cases referred by other clinic providers and specialists in the community
- Provide ongoing instruction to employees for musculoskeletal complains

Landrum Osteopathic **Readfield, ME / Evergreen, CO**

Attending Physician for Private ‘Solo’ Pain Practice **10/2013 – 3/2015**

Responsible for organizing and maintaining patient care in my specialty, in a private practice setting

- Responsible for seeing patients for timely follow-up for pain-related issues, by arrangement, with home visits
- Created and maintained chart records for each patient
- Provided specialty pain care by unique private arrangement

Elk Ridge Family Medicine **Evergreen, CO**

Short-term contracted Physician for Family/OMT Practice **5/2014 – 7/2014**

Responsible for organizing and maintaining patient care in my specialty, in an outpatient clinic setting

- Responsible for seeing patients for Osteopathic manipulative medicine
- Maintained continuity of care for musculoskeletal medicine patients
- Interfaced with Nurse Practitioners, Medical Assistants and other office staff

Manchester Osteopathic Healthcare **Manchester, ME**

Pain Specialist Physician **11/2012 – 09/2013**

Responsible for new patient evaluation and treatment, as well as continuity of care with mostly chronic pain patients, in a private clinic setting

- Interfaced with other clinic physicians, as well as specialists and FP primary providers. Initially, provided medication management, as well as Osteopathically applied skills
- Maintained careful chart notes, often working overtime, at own volition, to include details necessary for best understanding of complex patients
- Brought skills of personalized carefully developed method for treatment of Suprascapular nerve block, resulting in optimized outcomes in many patients with certain chronic shoulder pathology

University of New England, College of Osteopathic Medicine **Portland, ME**

Associate Professor of Neuromusculoskeletal Medicine **Spring 2012 – 2/7/2014**

Instructed medical students, introducing Neuromusculoskeletal Medicine specialty practice in a hospital outpatient setting.

- Only NMM/OMM specialist in the Goodall Hospital system to be hosting students
- Consistently good feedback on effects of these student rotations, from UNE-COM and from student evaluations

Goodall Hospital / The Medical Group **Kennebunk, ME**

Pain Specialist, Osteopathic Manipulative Treatment **10/2008 – 10/2012**

Responsible for organizing and maintaining patient care in my specialty, in a hospital outpatient clinic setting

- Attended weekly administrative meetings, contributing to clinic-wide administrative policy, resulting in increased productivity and patient compliance
- Designed and maintained the format for chart note patient record
- Worked with hospital administration to design and maintain personalized scheduling format, to improve efficiency
- Trained and supervised a dedicated Medical Assistant for specialty administrative and clinical tasks
- “Patients Choice Award” Kennebunk, ME. 2008 - 2011

Landrum Osteopathic **Portland, ME**

Attending Physician for Private ‘Solo’ Practice, Portland, ME **5/2007 – 7/2008**

Responsible for creating and maintaining patient care strategies for treating pain-related issues, utilizing Osteopathic manipulative medicine and injection techniques, with some medication management

- Collaborated with an M.D. who applied tested and “alternative” therapy for heavy metal toxicity and pain conditions.
- Applied personal specialty skills to all ages, including Autistic children.
- Served on a physician panel in the Defeat Autism Now (“DAN”) program, in Portland
- Coordinated with alternative care sub-specialties, especially naturopathic physicians

Landrum Osteopathic **Orewa, New Zealand**
Physician for Private ‘Solo’ Practice **3/2005 –04/2007**
Responsible for maintaining a practice under the statutory supervision of the Medical Council of New Zealand, for 2 years, as part of a personal/professional introduction to New Zealand medicine:

- First U.S.A. trained Osteopathic Physician to be admitted with unrestricted medical registration in a musculoskeletal specialty, to practice medicine, under the Medical Council of New Zealand.
- Collaborated with Musculoskeletal physician specialists in musculoskeletal treatment, to help the communicative liaison between our countries and our two cultures.
- “Opened the door” for other U.S.A. Osteopathic physicians to be permitted to practice medicine in New Zealand.
- Awarded **Distinguished Alumnus of the Year**; 2006, for “Pioneering work in New Zealand”, from Western University of Health Sciences College of Osteopathic Medicine of the Pacific (COMP).

Private ‘Solo’ Practice **Seattle/Bellevue, WA**
Attending Physician for Private ‘Solo’ Practice **3/1997-12/2004**
Responsible for organizing and maintaining patient care in my specialty, co-managing patients with their PCP and other extended providers.

During the period leading up to September, 2001, developed the basis and conducted clinical proof testing of the efficacy in treatment of various problematic musculoskeletal pain symptoms with selected patients. This led to documentation of an original abstract on “Dualpoint Lymphatic Theory and Technique”, submitted to North Texas University of Health Sciences Research Department, Fort Worth, Texas, USA Since development of this abstract the technique has been applied to a greatly expanded number of pain conditions with high rates of positive pain mitigation/healing response and uniformly positive patient feedback.

- Designed and maintained formats for chart note patient record and personal scheduling, to optimize communication
- Instructed and supervised office assistant for administrative and allowable clinical tasks.
- Named among “**America’s Top Family Doctors**” for 2004-2006
- One of Seattle’s “**Top Doctors**” in both 2003 and 2004.
- Successfully acquired AOBNMM specialty board certification in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine in March 2004; recertified in 2014

Northwest Medical Arts Pain Clinic **Seattle/Bellevue, WA**
Medical Director/Chief Physician **7/1995 – 3/1997**
Responsible for: directing multidisciplinary pain clinic staff, presiding over all weekly and special staff meetings. Staff included: two additional physicians, consulting physician, Physician’s Assistant, PhD. Psychologist, Psychological technologist, three Physical Therapists, one massage therapist, as well as front office staff.

- Provided executive direction in Medical protocols and management, as well as in office policy and patient concerns.
- Made executive decisions regarding coordination of care between departments within the clinic
- Managed disciplinary concerns within the clinic
- Managed a personal roster of patients, to include acute and chronic pain issues, interfacing with the local and extended medical community, to educate on the “team approach” to pain management

St Luke’s Medical Center **Seattle/Bellevue, WA**
Staff Physician **7/1993 – 7/1995**
Responsible for organizing and maintaining patient care in my specialty, including detailed patient records, reports for Workman’s Comp, Social Security Disability and insurance companies

- Family Practice: 50%, Pain Management: 50%
- Started work toward a specialty in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine
- Offered Directorship of the successional “Northwest Medical Arts”

Eastmoreland Community Hospital **Portland, OR**
Hospital Family Practice Internship **6/1992 – 6/1993**
Performed assigned residency requirements in: Internal Medicine, General Surgery, Pediatrics, OB/GYN, General Family Practice, Emergency Medicine, ICU, Orthopedics, Joint Injections and electives, including administrative tasks appropriate to each specialty.

EDUCATION

Doctor of Osteopathic Medicine

Medical School: Western University of Health Sciences, College of Osteopathic Medicine of the Pacific; Pomona, CA, 1987-1991

Pre-Med Studies,; 3.72 G.P.A.,
Dean's List; Tri-Beta National Biological Honorary Society

Oral Roberts University, Tulsa, OK, 1981-1983

B.A. in Philosophy

Muskingum College, New Concord, OH, 1970-1974

PROFESSIONAL LICENSES AND CERTIFICATES

Physician and Surgeon (full license for unrestricted practice), State of Colorado,
#DR.0053730 May 2014-Present

Physician and Surgeon (full license for unrestricted practice), State of Maine,
License # 2030 October 2007- Present

Medical Council New Zealand, Registration # 39682 April 2005

Physician Board Certification in Neuromusculoskeletal Medicine and Osteopathic
Manipulative Medicine (NMM/OMM) April 2004 / April 2014

Certificate of Competency (Special Proficiency) in Cranial Osteopathy June 1998

Physician and Surgeon (full license for unrestricted practice), State of Washington
License # OP 00001427 1993 - 2007

PUBLICATIONS

Author of the original abstract on "Dualpoint Lymphatic Theory and Technique", submitted to North Texas University of Health Sciences Research Department, Fort Worth, Texas, USA

(Landrum Osteopathic Dualpoint Technique: new manual technique for lymphatic mobilization) and complete introductory abstract on the Landrum Osteopathic Dualpoint Technique)